



## Hana CATHALA

75, rue St Blaise  
F - 78410 Nezel

☎ / FAX:

+33( 0)130953578

+33 (0) 634077319

E-MAIL:

hanacathala@yahoo.fr

WEB:

[www.spaconsulting.eu](http://www.spaconsulting.eu)

SKYPE:

hana.cathala

## SPA Manager

Multicultural – Multilinguistic-  
Multiskilled

### EDUCATION

Baccalaureate + 5

(University graduation in Prague, 1974)

- » Linguistic, philosophy, journalism
- » Master of physical education and sports
- » Masseur –physiotherapist (balneology)
- » Management of Health Tourism

Up-grading stages ( 1980 – 2010)

- » Personal developpment, communication, IT
- » Chinese traditional medecine, therapeutic methods and Thalassotherapy management

### LANGUAGES

Czech – motherlanguage

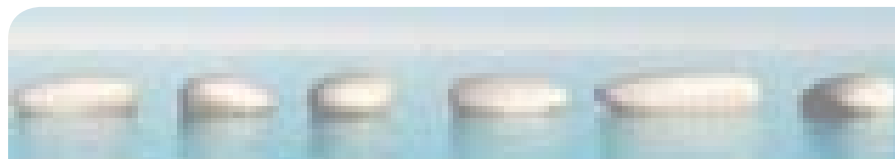
French – bilingual

English, German, Russian – speaking,  
reading, writting

Italian, Spanish, other Slavic  
languages - notions

### PROFESSIONAL EXPERIENCE (1971 – 2011)

- » Eco SPA hotel Las Cumbres, Guatemala
- » MediSPA hotel 5\* Alexandrie, Luhacovice, Czech Republic
- » SPA hotel 4\* Superior Augustiansky dum, Luhacovice, Czech Republic
- » SPA Arômes & Bien-être, Best Western Hotel , Saulx (France 91)
- » Thalassotherapy Centre, Selje Hotel 5\*, Selje, Norway
- » "New vision of Better – being", Prague, Czech Republic
- » "Summer slimming courses" Korfu and Kefalonia, Greece
- » Sol Melia Hotels, SPA Management Training, Varna, Bulgaria
- » Thalassotherapy Centre of Hotel Djerba Plaza, Tunisia
- » Centres for mentally and physically handicapped, Maule, Mareil (France 78)
- » Wellness and MediSPA Evzenie, Klasterec n/Ohri, Czech Republic
- » Wellness & SPA Hotel 4\* Frymburk , Prague, Czech Republic
- » MediSPA & Wellness Velichovky
- » New projects of SPA hotels and conferencies in Riga, Latvia and Czech Republic
- » Thalasso & Golf Resort Porto Carras, Thessaloniki, Greece
- » European Summit assistance, Thessaloniki, Greece
- » ThalassoHotel Ma biche 5\* and SPAHotel Alatau 5\*, Kemer, Antalya, Turkey
- » SPA & Thalasso Hotel 4\*Dobroudza, Albena, Bulgaria
- » Thalassotherapy Centre of Selje Hotel 5\*, Selje, Norway
- » Thalassotherapy Centre of Orangers Group, Bioazur, Hammamet, Tunisia
- » High school of Levallois Perret (France 92)
- » Business Club Acqueville & SPA, Villennes /S (France 78) ; Senior Club, Croissy (France 92)
- » Rehabilitation in thermal establishments Héliomarin , (Hyères 83), La Léchère les Bains, SPA centre Val Thorens ( Alpes, 73) France
- » Fitness centre Espace Valmy, Colombes ( France 92)
- » Fitness centre St. Denis, Tennis club BOTC, University (Chaudron), Tropic Club, CREPS, FFGV, St. Denis, St. Gilles, Reunion Island and Mauritius
- » Boarding HighSchool France Afrique, Epernay (France 51)
- » In charge of missions of Sport, Youth an Education Ministeries, UNESCO, CREPS,
- » Journalist, Teacher, Translator, Therapist, Ski teacher, Tourist Guide, publications, conferences in Czech Republic



### COMPETENCES

#### Human ressource

- » Recruitment
- » Training
- » Personal management

#### Communication

- » Supports set up
- » Public – Media – Guest relations
- » Events set up

#### Trade management

- » Daily management
- » Stock management, suppliers relation
- » Trade developpement

#### Developpment of SPA / Thalasso

- » Concept creation
- » Creation of daily routine and professional protocols and rituals
- » Creation of Signature treatment

#### Well – being in praxis

- » Massages and other treatments SPA, Wellness, Thermal, Thalasso
- » Relaxology – Sophrology
- » Gymnastics (Tai Chi, Chi kong, Personal coaching)



*"Promoting the development of HEALTH TOURISM world-wide by providing expertise to create, assist, operate, date, up-grade and market SPAS and HEALTH RESORTS»*